

**NBSL OPEN - FORT
LAUDERDALE YOUTH DIVISION**



GOALS

Our mission is to foster a fun and engaging environment where youth can boost their physical activity, develop sportsmanship, and acquire skills that pave the way for success both on and off the field. Dedicated to growing and advancing beach soccer across the U.S., we host professional and youth events that inspire passion for the sport. The NBSL offers recreational, healthy, and competitive beach soccer programs for boys and girls ages U8 to U18.

TOURNAMENT

Date: January 31- February 1, 2026

Time: 7AM - 6PM

STADIUM / FIELD LOCATIONS

Fort Lauderdale Beach
1100 Seabreeze Blvd
Fort Lauderdale, FL 33316

AGE DIVISIONS

Teams are organized into divisions based on the child's birth year/age.

Saturday January 31	Format	Roster Size
BOYS U8	6 x 6	12 Players
BOYS U9	6 x 6	12 Players
BOYS U10	6 x 6	12 Players

Sunday February 1	Format	Roster Size
BOYS U11	6 x 6	12 Players
BOYS U12	6 x 6	12 Players
BOYS U13	5 x 5	12 Players
BOYS U14	5 x 5	12 Players

RULES OF COMPETITION:

NBSL events will be played under FIFA rules; below are guidelines for play. This manual will be distributed to all coaches and referees. If any disputes occur, the League Organizing Committee will have the final say.

The rules of beach soccer are based on the Laws of the Game of association football, with several modifications.

Please click on this link to find the Laws of the Game PDF and a video provided by Beach Soccer Worldwide:

https://drive.google.com/file/d/1_MQN0PZMzhSJz4D5315Bp795sf38aNfl/view?usp=drive_link

Laws of the Game Overview

Pitch:

- 35–37 m in length and 26–28 m in width
- Flags mark the edge of the penalty area and halfway line

Team:

- 6 players for each team (U7–U12)
- 5 players for each team (U13–U14)
- Unlimited (rolling) substitutions
- Maximum of 12 in the roster

Game:

- 3 periods, each of 12 minutes
- No draws in beach soccer
- 3 minutes of extra time
- Penalties (3 each – followed by sudden death)
- Win in normal time is worth 3 points
- Win in extra time is worth 2 points
- Win on penalties is worth 1 point
- A direct **free kick** is awarded for every foul
 - ***Any player on the field at the time should take the shot***
- No offsides
- No walls (blocking free kicks)

- No footwear, with the exception of socks
- Throw-ins taken with hands or feet
- Headers are allowed in beach soccer

EQUIPMENT:

Each team must provide the complete uniform (jersey and **shorts**) to the players. All players must wear the same color to distinguish themselves from other teams. Shoes and shin guards are not allowed. Players are allowed to wear socks to protect their feet from the heat.

POINTS AND TIEBREAKERS:

- Point system during group stage is as follows:
 - Win in normal time is worth 3 points
 - Win in extra time is worth 2 points
 - Win on penalties is worth 1 point
- If two or more teams in the same group are equal on points after the completion of the group stage, the following criteria, in the order below, shall be applied to determine the ranking:
- **Step 1:**
 - Superior goal difference in all group matches
 - Greatest number of goals scored in all group matches
- **Step 2:**

If two or more teams in the same group are equal on the basis of the above criteria, their rankings will be determined as follows:

 - Greatest number of points obtained in the group matches between the teams concerned
 - Superior goal difference resulting from the group matches between the teams concerned
 - Greatest number of goals scored in the group matches between the teams concerned
 - Highest team conduct score (players and team officials) relating to the number of yellow and red cards obtained:
 - Yellow card: minus 1 point
 - Indirect red card (as a result of two yellow cards): minus 3 points
 - Direct red card: minus 4 points

ROSTERS: Coaches, please send a list of players via email with their date of birth or submit your FYSA roster by email by January 30th at 5 PM.

HYDRATION: Player safety is a top priority at NBSL. It is very important that each player brings plenty of water throughout the day.

AWARDS: Trophy awards are presented to the 1st place and medals to the 2nd place in each division.

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